Early Childhood Education and Care Policy

1. Rationale

The human person, though made of body and soul, is a unity... The human body shares in the dignity of the image of God: it is a human body precisely because it is animated by a spiritual soul, and it is the whole human person that is intended to become, in the body of Christ, a temple of the Spirit¹...

Students at Our Lady of Mount Carmel School are educated to understand that they are spiritual beings in relationship with God who live in physical bodies that require care. Catholic schools encourage students to make healthy choices for their lives including healthy food choices.

2. Definition

This Policy relates to all food and drinks offered by our School canteen and on all school related activities.

3. Scope

All Students, Years K-6

4. Principles

4.1 A healthy and nutritious food and drink policy makes a positive statement to students, staff members, parents and the broader community about the value placed on human life.

4.2 It is important that parents, staff members and students work together to support a whole school approach to building a School culture in which students actively choose nutritious food and a healthy lifestyle.

4.3 The School canteens will serve the School community with nutritional food at affordable prices.

4.4 Food and beverages dispensed from the School canteen will complement the nutrition knowledge taught in the classroom and promote a culture of healthy eating.

4.5 The school curriculum is the ideal place for students to learn about nutrition and making healthy food choices.

4.6 The OLMC School canteen will comply with the Catholic Education Commission of Western Australia Policy statement 2-C14 ‘Occupational Safety and Health in Schools’ in order to provide safe handling, preparation and serving of food.
5. Procedures

5.1 Our Lady of Mount Carmel School canteen will comply with the CECWA Policy 2C14 OSH in schools in order to provide safe handling, preparation and serving of food.

5.2 Our Lady of Mount Carmel School canteen will follow the minimum standard required under the Department of Education and Training Health Food and Drink Policy.

5.3 Principles of this Policy and Procedures, outlined above, will also apply to School Camps, Excursions and other activities.

5.4 There will be certain celebratory occasions when common sense and discretion provides for ‘party’ type food and drinks to be served.

6. Associated Documentation

- Catechism of the Catholic Church, page 364.
- The Department of Education and Training Healthy Food and Drink Policy,
- Occupational Health and Safety Policy
- Canteen menus, as developed from time to time

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